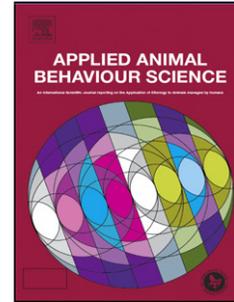


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1 Should old dog trainers learn new tricks? The efficiency of the Do as I do method and shaping
2 / clicker training method to train dogs

3

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8

9 **ABSTRACT**

10 Despite evidence that dogs are skilful in acquiring information socially from humans and are
11 able to copy the actions of a human demonstrator, formal dog-training methods have
12 traditionally relied only on individual learning (operant and classical conditioning). We
13 compared the efficiency of the ‘Do as I do’ method (Topál et al. 2006), which relies on social
14 learning, with that of a training method that relies on individual learning (shaping/clicker
15 training - Skinner 1951) to teach dogs three different kinds of object-related actions. In order
16 to control for the comparability of the previous training experiences of our subjects, we tested
17 experienced dog-owner dyads that had previously achieved a certificate for either type of
18 training (Do as I do and shaping/clicker training). They were tested upon training three
19 different novel actions: simple, complex and sequences of two actions, in three separate
20 sessions, using the training method they were certified for. In each case the owners had 15
21 minutes for accomplishing the task of training the dogs to perform the predetermined action.
22 We used the latency of first occurrence and the number of dyads that were successful within
23 15 minutes as measures of training success. While we did not find a significant difference
24 between the two training methods with regard to simple actions, we found that subjects using
25 the Do as I do method outperformed those using shaping/clicker training in the case of
26 complex actions and sequences of two actions. This study is the first to formalize a method
27 based on the Do as I do protocol for training dogs and to assess its efficiency by comparing it
28 with shaping/clicker training. We acknowledge that many factors can influence the success of
29 different training paradigms, however, these results provide new insights for the applied dog
30 training techniques by suggesting the usefulness of social learning in addition to the widely
31 used methods that rely on individual associative learning.

32

33 **KEYWORDS**

34 Dog, Social learning, Training method, Training efficiency, Do as I do

35

36 **1. Introduction**

37 Despite a huge popular literature on the practical application of dog training methods (e.g.
38 Lindsay 2000), this field has received very little attention from researchers and most of the
39 training methods have not been formally validated by a scientific approach. Thus there is little
40 scientific knowledge on whether one method would be superior to others with regard to a
41 given behavioural situation or goal to be achieved (Miklósi 2007). Mills (2005) categorized
42 the dog training approaches according to the two main behavioural models used in
43 behavioural sciences: the associative approach, as typified by the behaviourists (Watson
44 1913) and the cognitive one, as theorized by the psychologists (Tolman 1948). Accordingly,
45 associative training approaches focus on exposing the dog to the relation between two events
46 (unconditioned and conditioned stimuli) and/or on the association between a discriminative
47 stimulus and an operant behaviour, while cognitive oriented approaches take into account the
48 role of attention and the knowledge of the learner. However, most dog training appears to rely
49 mainly - if not only - on individual associative learning and the relatively straightforward
50 operant conditioning rules of association (Mills 2005).

51 One of the most popular training techniques is shaping (SHA) (E.g. Pryor 1999). With this
52 training method the animal's spontaneous behaviour is gradually adjusted by means of
53 strategically timed reinforcements as typically prescribed by operant conditioning rules
54 (Skinner 1951). Shaping involves breaking down the training objective or target behaviour
55 into more manageable and easily learned parts so that otherwise complex actions can be
56 trained by carefully arranging these component parts of the target behaviour according to a
57 plan or program of instrumental contingencies (Lindsay 2000). In functional terms a clicker is
58 typically used as (1) a secondary reinforcer (2) a marker ('clicker training'), which serves to
59 distinguish for the animal a particular behaviour as the event that has earned the primary
60 reinforcer and/or (3) as a bridging stimulus which fills the temporal gap between the
61 behaviour and the primary reinforcer by signalling that the latter is coming (Pryor 1999, 2005,
62 Williams 1994). Effective Pavlovian conditioning of the bridging stimulus is considered
63 crucial to the shaping process. Lindsay (2000) reports that, before shaping can be effective,
64 the dog must learn that the bridging stimulus: (1) is linked with a remote but forthcoming
65 reinforcer and (2) is contingent on the emission of a particular behaviour. In shaping
66 procedures, once the clicker has been properly associated with the primary reinforcement, it is
67 activated by the trainer with a strategic timing so that it produces the 'click' noise precisely
68 when the spontaneous behaviour of the dog approximates to the action to be trained and, by

69 rewarding successive approximations, the spontaneous behaviour of the dog is gradually
70 modelled to obtain the final desired response. The crucial role of the trainer is thus to deliver
71 the secondary reinforcement ('click') and primary reinforcement ('food') at the right moment,
72 while the dog gradually learns individually by trial and error what actions are rewarded and
73 what are not.

74 Despite scarce consideration in formal dog training, recent studies have provided robust
75 evidence that dogs are adept to learn socially both from con- and heterospecifics (Kubinyi et
76 al. 2009 for review). Dogs readily learn to master a detour task by observing human
77 demonstrators (Pongrácz et al. 2001, 2003), they are able to learn socially how to solve
78 manipulative tasks (Pongrácz et al. 2012; Kubinyi et al. 2003) and are easily influenced by
79 humans in observational learning situations (Kupán et al. 2010). Following a specific training,
80 dogs are also able to match their behaviour to actions demonstrated by a human experimenter
81 (Topál et al. 2006, Huber et al. 2009), even if a delay is interposed between the demonstration
82 and the command to imitate (Fugazza and Miklósi 2013). Thus it is unexpected that only very
83 few studies (Slabbert and Rasa 1997; McKinley and Young 2003) focused on the use of social
84 learning in the applied field of dog training. Slabbert & Rasa (1997) concentrated on the
85 training for detection of narcotics. They found that pups that were allowed to observe their
86 mother during the training between the age of six and 12 weeks outperformed the non-
87 exposed pups, when tested at the age of six months on the same task. McKinley and Young
88 (2003) utilised the 'model-rival' technique (Todt 1975; Pepperberg 1994, 1999) to train dogs
89 for a retrieval selection task. This method relies on social processes (stimulus enhancement)
90 to direct the dogs' attention to the specific object to be retrieved (Cracknell et al. 2008). Dogs
91 trained with this method can perform as well as dogs trained with traditional associative
92 training techniques to retrieve a named object.

93 The first study relying on training to copy human demonstrated actions (Do as I do)
94 involved a home raised chimpanzee (Hayes and Hayes 1952). This paradigm (Custance et al.
95 1995) was then also used to test dogs' imitative abilities (Topál et al. 2006) and later a
96 training method that relies on it was introduced in the applied field of dog training practice:
97 Do as I do method (DAID) (Fugazza 2011). With this method the dog is first trained by
98 operant conditioning techniques to match his behaviour to a small set of familiar actions
99 demonstrated by a human, typically the owner, on command 'Do it!' and is then able to use
100 this rule to learn novel tasks (see 2.3 for a description of the training protocol). Three
101 independent studies showed that dogs are able to generalize this copying rule to several
102 kinds of tasks and situations, such as copying novel actions, action sequences (Topál et al.

103 2006; Huber et al. 2009) and also imitating after a delay (Fugazza and Miklósi 2013).
104 However the efficiency of this method in dog training situations has not been tested in the
105 previous investigations.

106 In the present study we compared the efficiency of the DAID with that of the SHA method to
107 teach experienced dogs novel object-related actions. We chose to use object-related actions
108 for three different reasons: (1) object-related actions (e.g. ‘open a drawer’, ‘close a door’ or
109 ‘pick up an item and put it in a basket’) are complex behaviours that are not in the typical
110 spontaneous behaviour repertoire of a pet dog and some authors (Thorpe 1963) claim that, for
111 imitation to occur, *non*-typical actions should be involved. Despite being far from dogs’
112 spontaneous behaviour repertoire, these kinds of actions are usually required in training dogs
113 that assist disabled owners, therefore it is important to assess how they can be efficiently
114 trained; (2) this kind of actions can be systematically varied in terms of complexity; (3) dogs
115 have difficulty of replicating body-oriented actions compared with object-related ones (e.g.
116 Huber et al. 2009).

117 We compared the efficiency of the DAID with the efficiency of SHA when teaching dogs
118 actions of different degrees of difficulty because in the theoretical framework of cultural
119 evolution it is predicted that individuals tend to rely on social learning with increased
120 difficulty of the task (Laland and Brown 2011), as experimentally confirmed with regard to
121 humans by McElreath et al. (2005). Consistently, we expected that, in particular, difficult
122 actions would be more easily learned by dogs socially than individually and that, especially
123 when difficult tasks are involved, dog training could benefit from the use of social learning
124 with the DAID. We therefore hypothesised that complex actions would be more efficiently
125 trained with the DAID method, compared to SHA, whereas such difference would be less
126 evident when the subjects are tested on simple actions.

127 Several factors may influence the success of different training paradigms that may go
128 beyond the aim of this study. Thus we do not aim for claiming an absolute superiority of one
129 training method over the other, but aim to provide useful insights on the use of social
130 learning in addition to the traditional training methods that rely on individual learning, when
131 dogs are trained to learn object-related tasks.

132

133 **2. Methods**

134

135 *2.1 Subjects*

136 A total of 30 dog-owner dyads were recruited for this study. All the owners had experience
137 with training and had passed a dog-training exam with their dog, either for shaping / clicker
138 training (SHA Group N=15) or for Do as I do (DAID Group N=15) as described in detail in
139 section 2.2. As all subjects passed an advanced level training exam, it is possible to consider
140 all the dyads as experienced in training. Owners were informed about the aim of the study.
141 Dogs belonged to various breeds and the two groups were balanced for breed-groups and age
142 as much as possible: in the SHA Group there were a Irish Terrier, four Hungarian Vizslas, a
143 Golden Retriever, five Border Collies, a Flat Coated Retriever, a Border Terrier, a Labrador
144 and a Terrier cross breed. In the DAID Group there were: a Yorkshire Terrier, a Cavalier
145 King Charles Spaniel, six Border Collies, a Beagle, a Poodle, a Shetland Shepherd, two mixed
146 breeds, a Czechoslovakian Wolf-dog and a Jack Russell Terrier. The age of the dogs in the
147 SHA Group ranged from 2 to 11 years (mean age 5.9 years; $SD\pm 2.82$) and in the DAID
148 Group it ranged from 2 to 11 years (mean age 5.6 years; $SD\pm 2.98$). All dogs practiced some
149 sports and training activities with their owners.

150

151 *2.2 Training exams*

152 The exam for shaping / clicker training is the so-called CAP and is divided into four levels
153 (Kay Lawrence http://www.learningaboutdogs.com/html/cap_assessment_.html). Only dog-
154 owners dyads that passed at least level 2 or 3 were recruited for this study because we thought
155 these advanced levels are comparable with the Do as I do exam (see below). CAP level 2 is
156 assessing the trainer's ability to secure a solid foundation in achieving a consistent quality and
157 reliability to cue and develop more complex behaviours in free shaping. In the CAP level 3,
158 the assessor looks for different collections of compound behaviours, advanced shaping and
159 evidence of data collection and analysis
160 (http://www.learningaboutdogs.com/html/cap_criteria.html).

161 One of us (C.F.) has recently developed an exam in order to assess the level of training in
162 dogs that are trained to copy human actions on command (see Topál et al. 2006 for details of
163 the method). To pass the exam for Do as I do, the owner is required to demonstrate that
164 her/his dog can display at least six familiar actions (i.e. actions already trained with other
165 techniques) on the 'Do it!' command with a novel demonstrator. The preliminary training
166 protocol necessary to pass the exam requires that dogs learn through operant conditioning
167 techniques to match their behaviour to three demonstrated familiar actions on command 'Do
168 it!' and then generalize this command to other three familiar actions, before the 'Do it!'
169 command can be used as a training rule, following the demonstration of novel tasks to be

170 learned (see Topál et al. 2006 and Fugazza and Miklósi 2013 for details on the training
171 protocol). The definition of behavioural correspondence is based on Topál et al. 2006: the first
172 action that the dog performs after the ‘Do it!’ command is considered as functionally
173 matching the demonstration if it entails the same goal and, given the species-specific
174 differences in the behaviour repertoire of the two species, is executed in a similar way.

175

176 *2.3 Experimental protocol*

177 Each dog-owner dyad was tested in three subsequent tests in which the owner was instructed
178 to teach his dog three new object-related actions (one per test) using only the training method
179 s/he was certified for (i.e. clicker training / shaping in the SHA Group and Do as I do in the
180 DAID Group).

181 An inter-test interval of at least 30 minutes occurred between two subsequent tests for each
182 subject. The maximum inter-test interval was 1 day.

183 The timeline for a test was 15 minutes. If the owner did not reach the predetermined goal
184 within this time (i.e. the dog did not perform the predetermined action), the test ended and the
185 result was considered as a failure (i.e., the owner did not manage to teach the particular action
186 within 15 minutes).

187 During the tests, owners in the SHA Group sat on a chair, 1 m from the target object and used
188 food as a reward for their dogs. The spontaneous behaviour of the dog was shaped by the
189 means of strategically timed reinforcements with a clicker as a marker, followed by a treat,
190 until the first occurrence of the predetermined action by the dog. Owners were instructed not
191 to lure the dog’s behaviour. After the ‘click’, the dog could take the treat from the owner’s
192 hand or the owner could toss it to a strategic location that could increase the probability that
193 the subject interacted again with the target object (e.g. the owner could toss the treat over the
194 target object, so that the dog, after having eaten the food, had the object between himself and
195 the owner).

196 In the DAID Group owners were not allowed to give food to their dogs during the tests but
197 could give it after the test was finished, in order to keep the dog motivated in the next testing
198 session. During the tests owners asked their dogs to stay and pay attention, then they
199 demonstrated the action they wanted the dog to perform and gave the ‘Do it!’ command. If
200 the dog did not perform the correct action after the first demonstration, owners demonstrated
201 the behaviour again and gave the ‘Do it!’ command again, until they reached the
202 predetermined result. If the action provoked a modification in the object (e.g., the drawer was

203 opened), the experimenter repositioned the object in the original situation (e.g., closed the
204 drawer) after the owner's demonstration but before the 'Do it!' command.

205 In both groups the owners could decide to take as many breaks as they thought were
206 necessary for a successful training. When taking a break, owners in the SHA Group went
207 away from the testing area with their dogs and did not give them treats for the whole duration
208 of the break. Owners in the DAID Group stopped and behaved with them as they usually did
209 at the end of a training session. The break could last from 5 minutes to 4 hours, according to
210 the owner's decision and availability for the tests. Owners were informed that, for the analysis
211 of results on learning latencies, the time of the breaks was not considered as part of the test.

212 For both groups all tests were run in the presence of an experienced dog trainer who could
213 give suggestions to the owners regarding the training strategy. They were two experts
214 respectively in shaping / clicker training or Do as I do and also assessors for the training
215 exams and gave suggestions only to the owners of the group using the method they were
216 expert on. The suggestions that were given regarded the training strategy (e.g., where to toss
217 the food in the SHA Group, how to demonstrate the action in the DAID group and when to
218 take a break in both groups).

219

220 *2.4 Actions for the testing*

221 The actions were selected randomly from a predetermined list of 12 actions (see Table 1 for
222 details), discarding only those that were eventually already familiar for a particular dog
223 (Before the testing, each owner had filled a complete list of the actions already taught to his
224 dog, so that those actions were not used in the tests).

225 All the actions chosen for this study were object-related actions - which are particularly
226 useful, for example, for assistance dogs helping humans with disability. They differed in
227 difficulty: simple actions, complex actions and action sequences. The simple actions involved
228 getting in contact or interaction (e.g., touch) with specific objects (e.g., knock over a bottle,
229 ring a bell); the complex actions necessitated more elaborate manipulation of objects and
230 consisted of tasks which are usually required for an assistance dog (e.g., open a drawer, close
231 a locker etc.) and deviate from the natural behavioural tendencies of dogs; action sequences
232 consisted of two actions (e.g., climb on a chair and ring a bell). The required actions, as well
233 as the number of subjects tested on each single action, are described in detail in Table 1.

234 Each dog-owner dyad was tested only with one action in all conditions representing different
235 levels of difficulty, thus each owner was required to train his dog on a simple action, on a
236 complex one and on a sequence during three different testing sessions. In order to control for

237 the eventual difference in the difficulty of the tasks within a category, each subject in the
238 SHA Group was matched with a subject in the DAID Group with regard to the three actions
239 they were required to train during the tests.

240 Two subjects (one from the SHA Group and one from the DAID Group) were tested on two
241 simple actions and one sequence (another simple action instead of the complex one) because
242 all the complex actions of our list were already familiar for them.

243 The order of the tests (simple action, complex action and action sequence) was randomized
244 for each matched pair of dogs learning the same actions, with the order being the same for the
245 subjects of the same pair.

246 The testing sessions were recorded by two video cameras placed in two different positions in
247 order to always have a view of the dog and the owner.

248

249 *2.5 Data collection and analysis*

250 From the videos obtained we determined:

251 1. The number of dyads who completed the predetermined task within 15 minutes in the two
252 groups;

253 2. The time from the beginning of the training session to the first correct occurrence of the
254 selected action (latency). In the case of SHA Group the beginning of the session was either
255 marked by the first 'click' or by the owner tossing a treat on the floor as these were the
256 routines typically used by the owners to start the training. In the case of DAID Group, the
257 training session started when the owner made the dog stay and pay attention to the
258 demonstration;

259 3. We also calculated the number of owners that took breaks for their dogs in each group and
260 the number of breaks.

261 The difference between SHA and DAID groups in the test outcome (i.e., the number of dogs
262 that succeeded or failed within 15 minutes in the two groups) was statistically analysed by
263 using Fisher's exact test.

264 In a conservative statistical analysis of the learning latencies we considered the data only from
265 those dogs that actually completed the task within 15 minutes. Normality of the data on the
266 latencies of those dyads that completed the task before the timeline was checked with the
267 Anderson-Darling Normality test and latency values were compared between DAID and SHA
268 dogs by unpaired t-tests if they followed the normal distribution, and by Mann-Whitney U test
269 if they did not follow the normal distribution.

270 In order to assess if the relative difference between the efficiency of the two training methods

271 increases with increased complexity of the tasks, we compared the relative difference of the
272 learning latencies when training complex and simple actions with the two methods by
273 unpaired t-test.

274 The number of owners who took breaks for their dogs during the tests was compared between
275 the two groups in each condition by Fisher's exact test $P=0.018$ and the number of breaks in
276 each condition was compared between the two groups by Mann-Whitney U test.

277 We used GraphPad software for the statistical analysis of the results.

278

279 **3 Results**

280

281 *3.1 Simple actions*

282 When tested on simple actions all dogs in both groups were able to perform the
283 predetermined action within 15 minutes (Table 2). We did not find a significant difference in
284 learning latency between the two groups ($t=1.47$; $df=29$; $P=0.152$) (Fig. 1).

285 When training the simple actions no trainer decided to take a break for his/her dog during the
286 tests.

287

288 *3.2 Complex actions*

289 All 14 dogs tested in the DAID Group succeeded with the complex actions and in the SHA
290 Group 11 dogs out of 14 succeeded within 15 minutes. Accordingly, both training methods
291 seemed to be equally successful (Fisher's exact test $P=0.22$).

292 However, subjects in the DAID Group outperformed those in the SHA Group by obtaining
293 significantly shorter latencies to display the target complex action (t test: $t=3.62$; $df=22$;
294 $P=0.0015$).

295 Significantly more owners (9 out of 14) in the SHA Group had breaks for their dogs during
296 the training of complex actions than owner in the DAID Group (2 out of 14) (Fisher's exact
297 test $P=0.018$) and the number of breaks in the DAID Group was significantly smaller than the
298 number of breaks in the SHA Group (Mann-Whitney U test: $U=44$; $df=27$; $P=0.013$)

299

300 *3.3 Action sequences*

301 In this test, 13 dogs out of 15 in the DAID group and only 7 dogs out of 15 in the SHA group
302 succeeded within 15 minutes. Thus the training method affected the success of dogs, that is,
303 significantly more dogs were successful in the DAID group (Fisher's exact test $P=0.05$).

304 In the conservative statistical analysis on learning latencies (see above) we did not find a
305 significant difference between the two groups (Mann-Whitney U test: $U=24$; $df=19$; $P=0.09$).
306 Upon training action sequences significantly more owners (13 out of 15) in the SHA Group
307 took breaks for their dogs during the tests, than owners in the DAID Group (5 out of 15)
308 (Fisher's exact test $P=0.0078$) and the number of breaks in the DAID Group was significantly
309 smaller than the number of breaks in the SHA Group (Mann-Whitney U test: $U=49.5$; $df=29$;
310 $P=0.009$).

311 In the tests on action sequences all owners in the SHA Group used the so-called 'back-
312 chaining' strategy, that is they trained the last action of the sequence first and then the first
313 action, before training the dog to perform the whole sequence in the proper order. Owners in
314 the DAID Group trained the sequence in the given order since the first trial, demonstrating the
315 first action followed by the second one since the very first demonstration of the training
316 session.

317

318 *3.4 Relative difference in learning latencies*

319 The relative difference of the learning latencies when training complex and simple actions
320 with the SHA method is significantly larger compared to the difference of the learning
321 latencies when training complex and simple actions with the DAID method (t test: $t=3.43$;
322 $df=21$; $P=0.0025$). Thus dogs in the DAID group show a smaller increase in the latency if
323 they have to perform a complex action.

324

325 **4. Discussion**

326 This study is the first to demonstrate the efficiency of the Do as I do (DAID) method in dog
327 training. In particular our results show that sequences and complex object-related actions,
328 such as those typically required from an assistance dog, are more efficiently trained with the
329 DAID method compared to the SHA method. We divided the behaviours to be taught during
330 the tests into simple actions, complex ones and sequences and we expected that, consistently
331 with the social learning strategy theory (Laland & Brown 2011) the efficiency of the DAID
332 method would be more evident with complex actions and sequences. As predicted by the
333 theory, the relative difference in the learning latencies between the two methods increased
334 with increased complexity of the actions to be taught.

335 With regard to the simple object-related actions, we did not find any significant difference
336 between the two methods, neither concerning the number of dogs that succeeded within 15
337 minutes, nor with regard to the time needed by the trainer to obtain the first correct

338 occurrence of the behaviour. Nevertheless, coherently with our expectation, the Do as I do
339 method proved more efficient than the shaping method for teaching complex actions and
340 sequences, respectively considering the learning latency and the number of dogs succeeding
341 within 15 minutes. In fact, when the dog-owner dyads were tested on complex behaviours, the
342 time needed to obtain the first correct performance was dramatically shorter in the Do as I do
343 Group compared to the Shaping Group. With the action sequences, the difference is
344 significant with regard to the number of dyads that succeeded within 15 minutes (more dyads
345 succeeded in the DAID Group compared to the SHA Group) although it is not significant
346 when we compare the time needed by the owners to obtain the first correct performance of the
347 behaviour. For the conservative analysis of latency of the first performance we only compared
348 the time needed by those dogs that succeeded within 15 minutes because after this arbitrary
349 deadline we stopped the tests. Therefore, for the sequences, in the SHA Group only 7 dogs
350 completed the testing before the cut off time in comparison with 13 dogs from the DAID
351 Group. Thus the low sample size explains the absence of significant difference. Owners in the
352 SHA Group decided to take more breaks compared to the owners in the DAID Group. This
353 could be due to the increased length of the training sessions and/or to the expectations that the
354 owners form about the duration of the training session: owners using a training method with
355 which the complex actions are usually obtained in longer times may have expected long
356 testing sessions since the beginning and therefore would have been more likely to take breaks,
357 splitting the expectedly long training session in shorter bouts in order to prevent the dog from
358 being tired or stressed later in the training session.

359 Dog training often requires that a sequence of arbitrary behaviours be structured so that they
360 occur in a specific order (Lindsay 2000). This order of occurrence is based on a
361 predetermined continuity in which one action must always precede the next in a set sequence.
362 Regarding the training strategy for training sequences in our experiment, in the SHA Group
363 all owners used the so-called backward chaining, an operant technique described by Lindsay
364 (2000) as 'connecting the final response with the terminal reinforcer and then adding on
365 successive behaviours up to the origin of the chain'. On the contrary, in the DAID Group,
366 owners demonstrated the predetermined sequence beginning with the first action and
367 demonstrating the second action next, so that the whole sequence was immediately shown in
368 the correct order. Huber et al. (2009) tested a dog trained with the Do as I do protocol on her
369 ability to reproduce sequences and found a recency effect, whereas in the present experiment
370 this effect did not arise. This difference could be explained by the dissimilar kind of tasks
371 used for the tests: our sequences were less arbitrary than those used by Huber et al. (2009), in

372 the sense that the first action of the sequence was always necessary to reach the final goal
373 and/or to enable the second action to be performed (e.g., open a locker and pick up an object
374 that is placed inside of it or pick up an object from the floor and put it in a basket). Thus dogs
375 could not perform the last action without having previously performed the first one. This
376 piece of information could hardly be learned within a few trials if dogs were to do it
377 individually by trial and error, as it is the case with shaping. Thus it is possible that the
378 owner's demonstration of the goal to be reached, together with the demonstration of the
379 correct sequence of actions that were required to reach it, might have helped the dogs to
380 acquire the proper sequence either by goal emulation, that is learning about the outcome of
381 the demonstrator's action but not about the action itself (Wood 1989; Tomasello 1990) or by
382 functional imitation, where also some aspects of the action are socially acquired (Topál et al.
383 2006) or also by imitation of the sequential organization (Whiten 1998).

384 Other species are known to utilise flexibly social learning, that is, the information gained may
385 depend on the particular situation or task to be learned. Horner and Whiten (2005) found that
386 the chimpanzees' tendency to use emulation or imitation to solve a tool-using task depended
387 on the availability of causal information during demonstration and the authors suggest that
388 they are able to flexibly use the learning process that is more efficient, given the
389 environmental constraints of the situation. The plasticity of dogs' social skills with humans
390 has been revealed by several studies (e.g., Miller et al. 2009, Kubinyi et al. 2009, Huber et al.
391 2009). Fugazza and Miklósi (2013) showed that dogs are able to match not only the goal of
392 the human demonstrated action, as could be explained by goal emulation, but also the action,
393 even if no goal is present, as it is the case with functional imitation. Furthermore, in social
394 learning situations where two actions are conceivable to solve the task, dogs are able to select
395 the action that is more efficient given the constraints of the demonstrator's state (Range et al.
396 2007), showing a plasticity which is similar to that of preverbal human infants (Gergely et al.
397 2002) and hence possibly engaging flexibly in emulation or imitation. It is therefore highly
398 probable that, when trained with the DAID method, dogs learn about the tasks by flexibly
399 relying on different types of social learning processes, such as emulation, functional imitation,
400 local and stimulus enhancement.

401 Although in this study we enrolled only dog-owner dyads that achieved a training certificate
402 for the training method they were tested on, some differences in their skilfulness cannot be
403 completely excluded and could have slightly affected the results. Furthermore, some
404 preliminary training is necessary for the successful use of the shaping / clicker training
405 method both in order to establish the association between the 'click' and the primary

406 reinforcement (Murphree 1974; Lindsay 2000) and also for the dog to become skilled with
407 this form of trial and error learning so that he will be more confident in spontaneously
408 showing different behaviours that the trainer can chose to reward in the training process
409 (Pryor 2009). Likewise, in order to use the DAID method to teach novel actions, a
410 preliminary training is necessary for the dog to learn the imitation rule (see Topál et al. 2006).
411 The amount of time needed for this preliminary training with the two methods was not
412 considered in the present study (i.e., only already experienced subjects were tested) and it is
413 possible that it varies between the two techniques, therefore making one technique more
414 laborious than the other for the trainers and owners.

415 The comparison of learning rates is a very difficult issue because several factors, such as
416 individual experience of each subject, may influence the results. Importantly, the results of
417 this study do not claim for an absolute superiority of one training method over the other.
418 Instead, we suggest the usefulness of the DAID method in addition to the already widespread
419 techniques that rely on individual associative learning, such as shaping / clicker training,
420 particularly to teach dogs complex object-related tasks. This is the first study on the practical
421 application of the DAID method and we only assessed its efficiency with regard to object-
422 related actions to be trained. It is probable that different kinds of actions are more easily
423 taught with shaping or other traditional methods that rely on individual associative learning.

424 The studies on the imitative abilities with the DAID paradigm generally highlight a higher
425 difficulty in copying body movements, compared to object-related actions in several species:
426 chimpanzees (Myowa-Yamakoshi and Matsuzwa 1999), orang-utans (Call 2001) and in dogs
427 too (Huber et al. 2009). Therefore, the results of the present study should not be automatically
428 extended to tasks that differ from those actually tested and, in particular, should not be
429 extended to the training of body movements. Furthermore, we only measured the success of
430 the training methods with regard to the first correct performance of the action and we
431 acknowledge that it might, in certain cases, also occur by chance, particularly with shaping,
432 where the dog learns by trial and error. Further studies should thus investigate on the
433 consistency of the dog's behaviour after the first occurrence and on its resistance to extinction.

434

435 **5. Conclusion**

436 Consistently with the social learning strategy theory, the DAID method, which is based on
437 social learning, is particularly useful for teaching difficult object-related actions. From a
438 cognitive perspective, the efficiency of the DAID method relies on dogs' ability to flexibly

439 use various sources of social information such as local enhancement, goal emulation and
440 functional imitation.

441

442

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- 549
- 550 **Table 1.** List and description of the actions the subjects were required to accomplish during
551 the tests, number of subjects tested on each single action per group and number of dyads that
552 failed to complete the task within 15 minutes
- 553
- 554 **Table 2.** Number of subjects that succeeded to accomplish the task within 15 minutes in the
555 various conditions, mean latency and SD to the first occurrence of the predetermined action
- 556
- 557 **Fig. 1.** Mean latency (+ SD) of the first occurrence of the predetermined action in the two
558 groups (** indicate statistically significant difference; unpaired t test, $P=0.05$)
- 559
- 560

560 Table 1.

Action (Subjects tested per group)	Description of the action	N. of failures within 15 min. in the SHA Group	N. of failures within 15 min. in the DAID Group
SIMPLE ACTIONS			
Ring a doorbell (N=4)	A doorbell with a button on top is placed on the ground. If the button is pushed the doorbell rings. The dog is required to ring the doorbell so that a sound is emitted	0	0
Ring bell (N=2)	A metallic bell hangs from a hurdle at ca. the same height as the dog's withers. The dog is required to ring the bell by touching it with any part of his body. A sound has to be emitted from the bell when the dog touches it	0	0
Paws in hoop (N=4)	A plastic hoop is placed on the ground. The dog is required to enter the hoop with all fours	0	0
Knock over bottle (N=6)	A plastic bottle is placed vertically on the ground. The dog is required to knock it over	0	0
COMPLEX ACTIONS			
Open drawer (N=1)	A string is attached to the handle of the drawer of a small cabinet with a drawer and a locker. The dog is required to open the drawer for at least 10 cm	0	0
Close drawer (N=4)	The drawer of a small cabinet with a drawer and a locker is opened (15 cm). The dog is required to close the drawer	1	0
Open locker (N=2)	A string is attached to the handle of the locker of a small cabinet with a drawer and a locker. The dog is required to open the locker for at least 10 cm	2	0
Close locker (N=7)	The locker of a small cabinet with a drawer and a locker is opened (30 cm). The dog is required to close the locker	0	0
SEQUENCES			
Object in basket (N=5)	A basket (ca. 40 x 30 x 8 cm) is placed on the ground. A small purse is placed 50 cm from the basket. The dog is required to pick up the purse and put it in the basket	2	1
On chair ring bell (N=1)	A metallic bell is hanging in a high position over a chair. The dog can reach the bell only if it climbs on the chair. The dog is required to climb on the chair and ring the bell. A sound has to be emitted from the bell when the dog touches it	1	0
On chair ring doorbell	A doorbell is placed on a cabinet. The dog can reach the doorbell only if it climbs on the chair that is adjacent to the cabinet. The dog	2	1

(N=6)	is required to climb on the chair and ring the doorbell. A sound has to be emitted from the doorbell when the dog touches it		
Open locker pick up object (N=3)	A small purse is placed in the locker. The dog is required to open the locker and take the purse out of it	3	0

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SIMPLE TASKS		
	<i>DO AS I DO (N=15)</i>	<i>SHAPING (N=15)</i>
Subjects that succeeded within 15 min	15	15
Mean latency	27.18	45.25
SD	26.72	49.11
COMPLEX TASKS		
	<i>DO AS I DO (N=14)</i>	<i>SHAPING (N=14)</i>
Subjects that succeeded within 15 min	14	11
Mean latency	55.71	356.18
SD	59.23	322.66
SEQUENCES		
	<i>DO AS I DO (N=15)</i>	<i>SHAPING (N=15)</i>
Subjects that succeeded within 15 min	13	7
Mean latency	192.07	318.14
SD	243.45	234.29

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